

Men in Sheds, Merstham

Based at the Merstham Centre in Weldon Way, the Men's Shed offers an alternative to the traditional, female orientated activities offered at the day centre. It is a fully fitted, heated and supervised workshop equipped with all the tools and timber required to tackle a wide range of projects.



The Men's Shed represents an opportunity for men in our community to come together to develop their skills and interests. At Age Concern Merstham, Redhill and Reigate, we think this is important not only as a way of combatting the social isolation that some of our clients face following retirement, or the death of their spouse, but also for the proven health and well-being benefits that result when men come together in this way.

The shed is a place for men to be together, do some woodwork, make things for the centre and the community and generally have a good time. The emphasis is on make and mend. Many projects come from reclaimed timber and we sell finished items to make money to fund new projects.

The shed is open on Tuesdays, Wednesdays, Thursdays and Fridays from **9am - 4pm. Please call the number below for further information or to arrange a time to come and visit the shed.**

