



### Age restrictions

- Walking football is for 55+
- Toddlers World is for children aged 6 months to 5 years (with parent supervision)
- Trampolining, basketball and football is for all young people aged between 5 - 15



## Preston Community Day Timetable of events

**Saturday 17 October 2015  
12 noon - 4pm**

**All taster sessions between  
these times are free of charge**

Please see overleaf for age restrictions on taster sessions		Sports Hall		Community Room		Swim- ing pool	Preston Park	5-a-side pitches	Dance studio (upstairs)	
12 noon	Start of Preston Community Day	Max Force trampolining display and taster session	Badminton and table tennis (taster session)	Epsom Downs Children's Centre	Come and see: • Raven Housing Trust • Croudace Homes • Merland Rise Church • NESCOL College	Swim for all  (limited access to teaching pool until 1.30pm)	YMCA activities for young adults including quick cricket and basketball (Multi Use Games Area - next to the 5-a-side pitches - access from Preston Park only)			
12.30pm										
12.45pm										
1pm	Formal opening of the new Centre by the Mayor of Reigate & Banstead (in front of the main entrance and in reception)	Urban Basketballers display and taster session		Healthy eating demonstration	Face painting			Football skills with Chelsea Football Club (taster sessions)		
1.30pm										
1.45pm										Scouting skills demonstration (skate park)
2pm										
2.30pm										Dance demonstration by CADA Dance
3pm										
3.30pm		Toddlers World (bouncy castle and face painting)	Walking football (taster session)			Inflatable fun	YMCA activities for young adults including quick cricket and basketball (Multi Use Games Area - next to the 5-a-side pitches - access from Preston Park only)		Screening of Epsom Downs Primary School's regeneration film followed by question and answer session with Conrad Williams, Team GB 400 metre runner	
4pm	Prize draw in reception area and end of Preston Community Day									